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DentAlign Studio
62-22 Myrtle Ave
Glendale, NY 11385

718-821-7432

WE ARE HAPPY TO ANNOUNCE OUR DENTALIGN SCHOLARSHIP PROGRAM, MORE ON PAGE 3

DentAlign Studio

Our Mission Statement:

At *DentAlign Studio* we are dedicated to provide community-based high quality comprehensive dental care services.

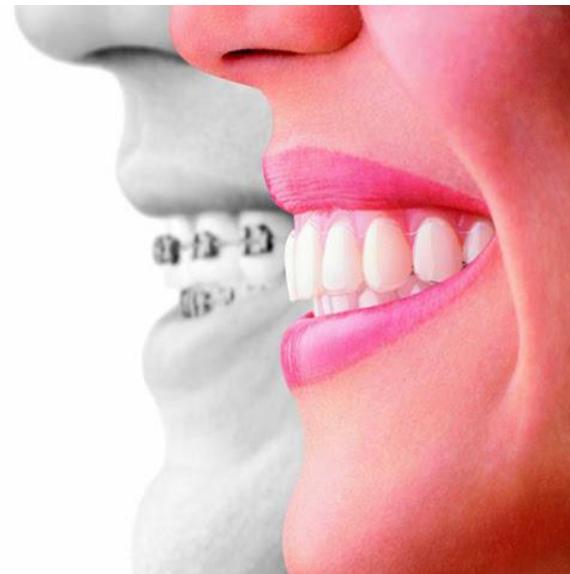
Our specialty and driving focus is to transform smiles one patient at a time, and to make the process as easy and enjoyable as possible. We aim to provide superior service and individualized care for each patient in a family-like atmosphere that is caring, friendly and fun.

Our team's commitment to building a lasting relationship

as well providing each individual patient a truly outstanding experience is our goal. Exceptional orthodontic and restorative treatment outcomes fulfill our goals of enhancing self-esteem, self-confidence and overall dental health.

We want you to love your smile and allow us the privilege of transforming your smile and your life.

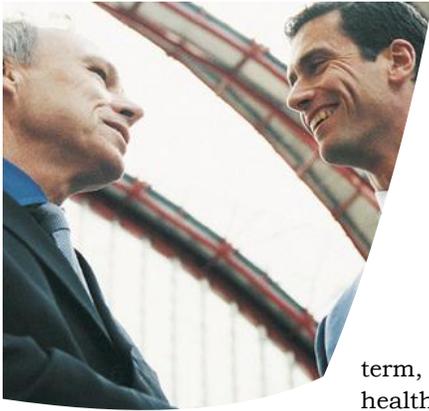
As always, we thank you for your continued referrals and support!



On your next visit, ask us about our referral program!

When you refer a new patient to our practice, your referral will receive a full set of dental x-rays and a consult FREE OF CHARGE!

We have referral cards at the front desk. Let your friends and family know so that they can take advantage of a free dental consult today. (Referral card required)



What does your smile say about you?

If the eyes are a window to the soul, then a beautiful smile is the key to success!

First impressions are vital. To truly make a memorable and impeccable first impression one of the most important assets is a great smile. A great smile lets people know that you are approachable, friendly and confident. It invites them to get to know the person behind the smile. "When someone has a big smile, it shows they're willing to open up and expose a part of themselves," says Pamela McClain, DDS, president of the American Academy of Periodontology. Over the long

term, smiling can benefit your health, perception at work, social life, and romantic status. With that much at stake, it's worthwhile to discover what your smile is saying about you -- and how to interpret the smiles flashed your way.

People who smile project a positive outlook and are generally more open and flexible. They tend to cope better with challenges than people who are withdrawn and unsmiling. Just smile. Believe it or not, forcing yourself to smile can actually make you

happier. Research studies show that for people who smiled spontaneously or on purpose, the activity in their brains was virtually the same. They felt happy. You'd like to smile more, but you've been hiding it for as long as you can remember because of unsightly stains, cracks, gaps or misshapen teeth. Until recently, there were few options available to the average patient. Today, however, **there is a wide range of restorative and orthodontic techniques** and materials which allow you the choice to enhance and improve your smile.

Cosmetic dentistry is a blending of art as well as science and the results are purely natural in appearance.

Choosing the right orthodontist

Commitment Issues: Getting braces means making a big commitment to one orthodontist for several years, so don't be afraid to search around for the best fit, even if you've had a consult with another doctor at an earlier age. The right orthodontist can make the entire process much easier



Orthodontic treatment can seem daunting to prospective patients. A good orthodontist will be available to answer all your questions and concerns about treatment. Perhaps the most important factor between any health care professional and patients is good communication. Make sure your doctor makes you feel like the time scheduled with you is exclusively yours.

When it comes to orthodontic work, it doesn't simply involve aligning the teeth to a proper bite. It involves a wide array of corrections to better the overall dental health of the patient. A good doctor knows this and will emphasize all aspects of dental care not exclusively limited to braces alone.

SWEET TOOTH: FLOURLESS, SUGAR-FREE PEANUT BUTTER COOKIES



(Makes about 2 dozen small cookies)

Ingredients:

- 1 large egg
- 1 cup granular Splenda or Stevia-in-the-Raw Granulated Sweetener
- 1 tbs. baking powder
- ½ tsp. Mexican Vanilla (or vanilla extract)
- 1 cup creamy natural peanut butter (check sugar content)
- 1 tsp water.
- 1/3 cup chopped peanuts (optional)

Instructions:

Preheat oven 350 F.

In mixing owl, use electric beater together the egg, Splenda or Stevia, baking powder, and vanilla for about a minute. Add peanut butter and water and beat together. (The mixture was fairly dry and broken apart. Just be sure the peanut butter is mixed well with the other ingredients.) Add peanuts if using, and blend into dough. Use a large non-stick cookie sheet. Measure out a heaping teaspoon of better for each cookie, then smash down with a fork. Bake 15ms or slightly longer, until cookies feel firm and are slightly browned.

The clear alternative to braces

Many of our patients are already aware that Dr Scopu is trained in Invisalign, often known as “clear braces.” Unlike traditional braces, Invisalign uses a series of clear removable custom trays (“aligners”) to straighten your teeth. This is a great option for teen and adults that are concerned with the aesthetics of having traditional metal brackets bonded in their teeth.

There are many benefits of Invisalign over braces. First, the most obvious benefit is the virtually invisible trays that are clear and barely noticeable to others. Also, since the trays are removable, you can still eat all the foods you normally enjoy and still have the advantage of brushing and flossing normally.

This is an important factor because it helps to maintain good oral health and to prevent staining that can sometimes occur with the less than adequate brushing habits of patients with braces. Our Invisalign patients tend to be much more comfortable, since the trays are made of a material that is smooth and less likely to irritate gums and cheeks than metal.

So what’s the first step? The best place to start is to make a consult appointment at our office, at which time we will describe the process and determine whether or not you are a candidate for Invisalign.

Once this is determined and if you wish to proceed, we will need to take a few pictures, xrays and impressions to send to the

INVISALIGN®



Invisalign company who will then send back their recommendations for Dr. Scopu to review.

If she approves the treatment, Invisalign will then fabricate and ship a set of trays to our office.

We can schedule your first appointment, at which time we will review the treatment plan and you will receive your first set of trays along with instructions on how to wear and care for them.

The average case takes about 12 months for adults, but each case can vary; this is determined after analyzing models and x-rays taken on your consult appointment.

Often we need to see you every 4-6 weeks for a quick appointment where we’ll check progress and dispense the new set of aligners.

You may wish to visit www.invisalign.com for more information. On a side note, our lab tech, Boban is currently undergoing Invisalign treatment with Dr. Scopu, so he can tell you first hand his experience with the process!

We understand that financing Invisalign treatment can seem daunting, which is why we’ve simplified it! We are currently offering the entirety of your Invisalign treatment for only \$2500.00 followed by a very low monthly fee.

For more information please call our office at

718-821-7432



PUZZLE FUN

		5	4		7	1		2
3	6			1			9	4
4						3		
5					9			
			2	4	3			
			5					3
		4						9
1	5			6			3	7
2		7	3		8	6		



DentAlign Scholarship Program

Each year, we ask local high schools to nominate a deserving graduating senior who has worked very hard to greatly improve their academic achievements during their high school career. The students that may not be at the top of their class may not be eligible for standard academic scholarships, so we offer this scholarship because we believe in young people who have shown impressive work and have proven they can work hard to advance their education. The scholarship can be used for any aspect of funding their higher education. We hope to continue the scholarship program in the future and expand it to include other high schools in the area. To find out more you can visit our website www.DentAlignStudio.com or like us on facebook.

Keep Your Mind Sharp With Sudoku

If you enjoy logic puzzles and other brain exercises, give sudoku a try. Don't be afraid: numbers, yes, math, no!

Sudoku is a puzzle that exercises your brain by getting you to think logically about how to place numbers in boxes within a grid. The point is not to repeat any numbers while you're filling in the grid. The challenge is figuring out which number fits into which box.

Here are brief rules on how you play:

- Fill in each square with one digit, using only the numbers one through nine
 - Numbers cannot repeat within an individual box of nine squares
 - Numbers cannot repeat down a column
 - Numbers cannot repeat across a row
- (answers on next issue)



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